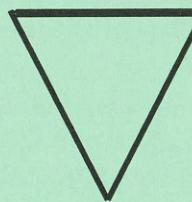
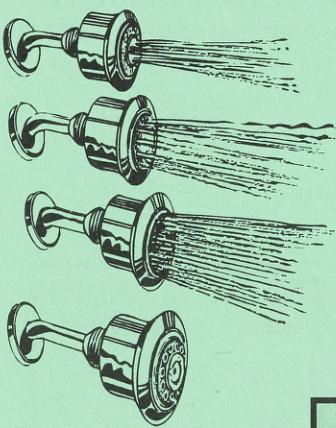


MAY, 1998  
VOLUME 14 NO.5

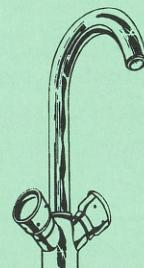


## HOME IMPROVEMENT



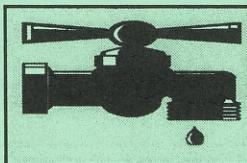
Have spring fever? Time to get after those chores that have been piling up all winter? Need a little help with the plumbing projects on your home improvement list?

SACWN has just what you need! Join us for our May Salon on "Fixing All the Drips Around The House!" SACWNite Lucja Stanton will talk us through everything from changing washers to planning your drip system. Bring your questions and learn from a licensed plumber how to fix those drips.



A SACWN Salon is an informal gathering at the SACWN office held several times a year. The Salon combines an informal networking time with interactive discussion about a topic of interest. Light refreshments are served.

**Date:** Friday, May 29, 1998  
**Place:** SACWN Office  
3031 F Street, Suite 201  
Sacramento  
**Time:** From 6:30 p.m.  
**Tickets:** \$ 5 Member  
\$ 10 Non-members and  
At the Door  
See ticket order form on inside back cover.



## From the Editor

SACWN had another sellout crowd for the April event. It always feels awkward on this end of SACWN to say, "get your tickets early, we are going to sell out." It feels too much like we are hustling you to sell the tickets. Twice this year we used this phrase and twice we did sell out the tickets. It's wonderful, it says we are producing events that are attracting our members and non-members alike, but it is so hard to turn away members who come too late to buy the tickets. For the recent concert, we turned a lot of you away. Sorry. It was disappointing for us, too.

What a great concert! Cris Williamson, Tret Fure and surprise guest June Millington. With June on guitar and percussion, there was a dimension to the sound that was very special. The 24th Street Theater is small, cozy and intimate. A very different feel from the Crest. With musicians, that intimacy adds an extra element of familiarity.

Yes, they got their soup. At the very end, a reluctant volunteer loaded the crockpot and prepared the special treat and yes, they did eat it. If you lingered after the concert, you could see Cris and Tret gobbling

it down as they packed up their equipment. They worked hard performing for us and the soup was but a part of their reward. Yes, we'll publish the recipe. Look elsewhere in this issue.

As we have been telling you for the past few months, there are changes in store for SACWN. A new management group is being sought and three people asked for the "Request for Proposal" that provided the information about the contract opportunity to run SACWN. The present management company has worked with SACWN for almost six years and has indicated a desire to not renew the contract. The proposals are due back in a few days and after review, the steering committee of SACWN will conduct interviews in May with a decision due in early June.

Change is good. It brings new ideas, new energy and new skills. Only those involved understand the enormous amount of work it takes to produce concerts and dances. From the planning and promotion through execution to the final accounting, the organization of an event can be all consuming. With SACWN's meager budget and focus on keeping ticket prices low, more tasks are done by staff, less is "bought ready made".

So, the new management will need your support as they work to get control of all of the pieces of SACWN. As always, your response and encouragement will be a key ingredient in SACWN's success.

### SACWN STEERING COMMITTEE

**Rosemary Metrailler**, Corporate Coordinator

(916) 447-7255

**Jane Irwin**, Finance Coordinator

**Sandra Virago**  
Executive Director

**SACWN, Inc.**  
3031 F Street, Suite 201  
Sacramento, CA 95816  
(916) 451-8034  
FAX: (916) 446-7189

**SACWN, Inc.** newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

### SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card	\$25	\$37
3 1/4 x 1 3/4		
Two-column ad	\$40	\$60
4 1/2 x 2 3/4		
Quarter page	\$50	\$75
3 1/2 x 4 1/2		
Half page	\$90	\$135
7 1/8 x 4 1/2		
or 3 1/2 x 9 1/2		
Full page	\$160	\$240
7 1/2 x 9 1/2		
Classified ads (per word)	.40	.60
Discounts	1 year	20%
(prepaid)	1/2 year	10%

Advertisers are not necessarily lesbians. We do not warrant the services or products of advertisers.

# Special Interest Groups - May, 1998

Special Interest Groups (SIGs) are small groups of women who meet around a common interest. It's a great way to meet other lesbians in an informal environment. Just give the facilitator a call, and she'll be glad to tell you all about the group and their activities.

## TOP 10

Join us in May for brunch at the Trellis Cafe at Fountain Square. May 31 at noon is the time. Please RSVP by May 29 for reservations to Lenora at 849-8219 (message number only).

TOP 10 is a group of women over 50 and women who love women over 50! We meet at least once a month at restaurants around town or at home parties. Come join us for an evening of fun! For more information, please call Paula at 967-0560.

## RAINBOW CAMPERS

In memory of our founder, Jayne Rountree, Rainbow Campers had our planning meeting on February 21, 1998. If you want to go on any of these campouts, call the Wagon Master who will tell you what the deposit is (usually first night's fee) to reserve a space on the trip. Young girls and boys under 8 are welcome. The schedule of the campouts is as follows:

May 15 - 17 Tower Park, Isleton/Rio Vista; Call Barbara 929-3074

June 26 - 28 Casini Ranch, Santa Rosa Area; Call Casey 366-7362

July 3 - 5 Siskiyou, Mt. Shasta; Denice & Linda 641-8565

August 21-23 Wright's Beach On the Coast; Carolyn & Nancy 961-4722

September 25 - 27 Coloma On the American River; Mary 723-5269

October 17, Sacramento - A planning meeting for 1999 season. Denice and Linda 641-8565

November 13-15 - Rollins Lake, Colfax; Joyce 929-3074

## THE BOOK GROUP

Interested in participating in a discussion of books? Call Joy at 452-5513 to put your name on the list to be notified of future meetings.



## NEWCOMERS

New to the community? New to SACWN? Or do you just want to come out and meet new friends? Call Diana 487-3124 to find out about the upcoming meeting.



## 1/2 FAST HIKING GROUP

We're an active, well-organized group which gets together once a month to go day hiking. Please call for details. Join us ! Ann 443-3638 and Sue 927-8320.



# SACWN CALENDAR

## SACWN EVENTS

**MAY 29, 1998  
SACWN SALON  
FIXING ALL THE DRIPS  
AROUND THE HOUSE!**

SACWNite and licensed plumber Lucja Stanton will talk about easy home repairs that will save you money. Learn preventive maintenance on your plumbing system. Bring the details of your plumbing problems and talk them through with our expert.

**COMING SOON!**

Watch this space in the next issue of SACWN for the activities planned for summer of 1998. With the change in management, no dates have been set yet. The Sacramento Women's Gathering is not planned for this year. While done under the auspices of SACWN, the Gathering was a special project of the current management team.

**CHICKEN SOUP  
RECIPE OF CRIS WILLIAMSON  
AND TRET FURE**

- 1 14.5 oz. can chicken broth
- 1 cup water
- 1 8 oz. breast chicken, cut into small pieces
- 4 large cloves garlic, minced
- 1 tbsp. minced or grated fresh ginger
- bay leaf
- 1 sliced carrot
- 1 small onion, chopped
- 1 stalk celery, chopped
- 6 mushrooms, sliced
- red pepper flakes
- cracked black pepper
- several springs cilantro

In a medium sauce pan, bring broth, water, garlic, bay leaf and ginger to boil. Reduce to simmer and add chicken and onion. Simmer for 5 minutes, then add carrots, celery, mushrooms and red and black pepper. Simmer until chicken is tender. Add cilantro, black and red pepper flakes upon serving.

## IN THE COMMUNITY

**MAY 1-3 - GAY AND LESBIAN SIERRANS - CANOE CAMP TRIP. CALL CONNIE 972-9230**

**MAY 14 - LESBIAN SUPPORT GROUP IN AUBURN AT THE DEWITT CENTER FROM 7-9 P.M. FOR INFORMATION, CALL 632-7080**

**MAY 16-17 - GAY AND LESBIAN SIERRANS - BACKPACK TRIP IN MOKELUMNE WILDERNESS. FOR INFO CALL RAY AT 421-6209.**

**JUNE 11 - LESBIAN SUPPORT GROUP IN AUBURN AT THE DEWITT CENTER FROM 7-9 P.M. FOR INFORMATION, CALL 632-7080**



## SUCCESSFUL SACWNITE

Rosemary Metrailer was raised on a small family farm on the outskirts of Fort Wayne, Indiana. "I grew up with a real appreciation for nature and the outdoors. The physical work was hard but I had a lot of independence. I had only sisters, so there were no sex based restrictions placed on us. We had to do everything on the farm. I had the sense that I could do anything if I put my mind and energy to it."

In high school Rosy got excited about political science while taking a course in government. She went to Wellesley College in Massachusetts thinking she would work in politics. It was there that she first got involved in political campaigns and in the civil rights movement of the sixties. She was fascinated by the role the Supreme Court played in the civil rights movement and with a professor wrote a book called, "Desegregation from Brown to Alexander: An Exploration of Supreme Court Strategies."

Rosy then worked in Robert Kennedy's Presidential campaign in Indiana, Oregon and San Francisco. When he was killed, she headed back to Indiana and worked in the war on poverty as a Program Development Coordinator for the local Community Action Agency and then directed a Catholic Charities Program. Deciding it was time to return to school and knowing that she wanted to effect change, law school was her logical choice. Rosy came to California with a partner, kid, cat and dog and settled at U. C. Davis. "It was a school that attracted older students, and those interested in politics and civil rights. After expressing interest to the school, I got a letter from the Women's Caucus offering assistance and identifying the programs at the school that included a lesbian caucus. I knew it was the right choice."

After law school, she worked with the firm of Isenberg, Moulds, Samuel and Rodda, learning her values and ethics as a lawyer, practicing in all areas of the law. In 1981 with women classmates, she founded her own firm, Metrailer and Langenkamp, which continues to be the largest all women's law firm in Sacramento. Now, she's embarking on something new.

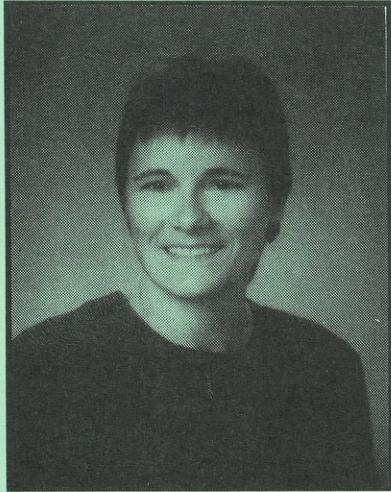
"There is change in the air. I am at another career crossroad and beginning to narrow the focus of my professional work. I've become

convinced that mediation can be a much more personally satisfying and economically attainable method of dispute resolution and problem solving. I am excited about the potential challenges as a mediator and arbitrator in litigation settings as well as in workplace and community disputes. I also want to expand my small business practice and work with people from the formation of their business through contract development and review, negotiating deals and helping them manage growth." So after May 15th, Rosy will begin a solo law practice with this new focus.

In 1984, Rosy was the founder of SACWN and continues today as the organization's corporate coordinator. "I met a number of lesbians who were operating in different sectors of the world, and felt that they should know each other. I wanted to connect them so they could network and share business and social opportunities. I decided to invite them to a brown bag lunch at my office. The idea caught on and we quickly outgrew the law office library, so we met in homes, then at the YWCA and it just kept growing. I was aware of the organization in San Francisco called "Bay Area Career Women's Network" and we adopted a name consistent with their approach. I felt "career women" was more all encompassing than "professional", because our careers were an important part of our identity, but we came from all walks of life. SACWN grew with the politics of the times and the community."

Rosy still strongly believes in the need for women to utilize the network of other women for services. "We need to support each other when we've earned it, so we can all compete in the world at large."

Rosy has shared her life for the past seven years with Tina Costella. "It's a wonderful relationship. Tina's humor and love of nature complement and enrich the serious side of me. We are avid birdwatchers and travel to the most desolate and inaccessible of places to see birds and enjoy their environment."



## OUR SUPPORTERS

They have a cabin in the woods outside of Nevada City and spend get-a-way time there. "There are 10 acres overlooking a lake in a remote area. We have a family of spotted owls that share the land. Each year they bring their babies to visit us."

There is excitement in Rosy's eyes when she talks about the changes ahead for her. "I want to keep growing and be challenged in what I do. I would like to be remembered when women start a new business venture. Good advice is necessary from the beginning and throughout a business's life. Having someone else take the lead in business negotiations is often the best choice. And I want to be chosen as an arbitrator in contracts and other disputes, instead of the men who usually get all this work. With the mediation emphasis, I know my background prepares me to work with non-lawyers and non-litigants in all types of disputes to prevent litigation. I want to help people resolve differences before they destroy relationships or projects that often become the victims of other's disputes."

Success to Rosy is "feeling at peace with myself and my beliefs, and feeling that I've made a positive difference in other people's lives."

Everyone that has ever enjoyed a SACWN event, knows that Rosemary Metrailler has definitely made a positive difference in our lesbian community.



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# THE FORMS

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All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

### CATEGORIES

Regular Subscriber

### RATES

\$36/year

Two-in-One Household

\$60/year

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(Student/Senior/Disabled)

\$24/year

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Enclose check and mail to: **SACWN, Inc.,**  
**3031 F Street, Suite 201, Sacramento, CA 95816**

Name(1)

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Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (H) \_\_\_\_\_

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To charge on Visa or MasterCard please provide:

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This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A \$10 fee will be charged on returned checks.

**WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

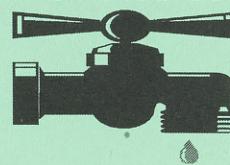
Signature \_\_\_\_\_ Date \_\_\_\_\_

\*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

\* SENIORS - Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

\*\* SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

## TICKET ORDER FORM Fixing All the Drips Around The House



### SACWN Office

**3031 F Street, Suite 201**

**Sacramento**

**From 6:30 p.m.**

**Send form to:**

**SACWN,  
3031 F Street, Suite 201  
Sacramento, CA 95816**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**Number of Tickets:  
SACWN Member @ \$5:** \_\_\_\_\_

**Non-members @ \$10:** \_\_\_\_\_

**Total Enclosed:** \$ \_\_\_\_\_

**Or to use VISA or Mastercard, provide  
Card No:** \_\_\_\_\_

**Exp. Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

Your credit card bill will indicate a purchase from  
**Outsourcing Management Group.**

**No refunds on purchased tickets.**

**Tickets for this program will not be mailed.**

**Namebadges will be available at the Salon.**

**Please provide all names of attendees.**

**For information, call SACWN at 451-8034.**



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ADDRESS CORRECTION REQUESTED

*Check out the SACWN Salon for May!*

